

SUPPORTING SCHOOLS

FEATURING "SEE
ME NOT MY CP"
PROGRAMME



ABILITY
CONSULTANCY
(NW) LTD

Welcome to Ability Consultancy (NW) Ltd. This brochure contains information about how we can support schools and education establishments when it comes to all things disability and inclusion. Our experiences come from disabled people themselves as they are the experts!

Our founder, Claire Buckle, has over 20 years experience of working with schools and education establishments to support everyone to ensure the best opportunities are provided for disabled people, especially in physical education.

We have developed a specific programme called "See me not my CP" which includes several opportunities for staff and students to expand their knowledge and understanding of disability.

There are over 14 million disabled people in the UK, of which 9% (1.3 million) of these are children from 0-17 years old. More disabled children are attending mainstream schools, but many miss out on opportunities to participate in sport and practical lessons, due to a lack of understanding and knowledge by staff.

The 'See me not my CP' programme, has been developed to provide a range of development opportunities for teachers, such as general disability awareness, disability and sport, and 1:1 school-specific sessions.

Evidence has shown that disabled people, especially children, experience bullying or discrimination which has a negative impact on their development and education. The 'See me not my CP' programme offers various sessions to educate young people.

See me



Not my CP



CPD
CERTIFIED
The CPD Certification
Service

Ability Consultancy was established in 2019 by the award-winning Claire Buckle, who has Cerebral Palsy. We are a not-for-profit Social Enterprise, with a vision to change perceptions and reduce the stigma of disability and disabled people.

We deliver a range of services including online and in-person courses in many topics around disability, diversity and para-sport. We have various programmes for young people and the education sector, run a community session for people with Neurological conditions in Preston, and are the only place in the North-West to deliver Frame Running sessions (the newest Para Athletics event). In 2022, Claire and Ability Consultancy won an Innovate UK Women in Innovation Award to build an interactive disability awareness app.



Who are we?



Claire Buckle

Claire is the founder of Ability Consultancy and the person behind the 'See me not my CP' programme. She has Cerebral Palsy which affects the use of the left side of her body, as well as her speech. Claire has had a very successful life having represented GB in Para athletics at World and European levels. Since retiring, Claire is still heavily involved in athletics and is a successful world-class coach and national classifier.

She has worked within inclusion for over 20 years and brings a wealth of experience to this and our other services. Claire is very open, honest, and shares many of her experiences. She is an expert at thinking outside the box! In 2022, alongside her Women in Innovation award, she was also listed in the NatWest top 100 Women in Social Enterprise in the UK, becoming a finalist at the awards.

Supporting future generations

There are an increasing number of disabled people. In 2019 there were 13.9 million, and in 2022 this has climbed to over 14 million. Over 1.3 million of these are young people and there are many more young people that may have hidden disabilities.

More disabled young people today are in mainstream schools, which shows how far things have come, but this does bring its own challenges. Disabled young people are more likely to experience bullying and are often excluded due to other people's lack of understanding and knowledge.

We're focused on changing the mindset of people and championing that everyone has a role to play in society.

Why inclusion is important

Being inclusive brings numerous benefits, not only for children with disabilities or additional needs and their families, but for ALL young people.

We focus on including all young people in our programmes, allowing them to learn about the acceptance of other people, and that each person has unique abilities. Children learn from each other. With inclusion in place, disabled children are provided equal opportunity to participate in the same types of activities as their peers. Some benefits of inclusion for children with (or without) disabilities are friendship skills, peer models, problem solving skills, positive self-image, and respect for others. This can trickle down to their families as well, teaching parents and families to be more accepting of differences.



Services

Disability Awareness	Disability in Sport	Introduction to Para Sport	Inclusive Sport Sessions	Class or school talks
For Teachers and students 14+	For Teachers	Sports students and Leaders	Teachers	Everyone
<ul style="list-style-type: none">• Half or full day course• Introducing disability• Practical learning - using disability simulation equipment	<ul style="list-style-type: none">• Disability awareness• Introduction to STEP and Inclusion Spectrum• Role of key people• Structure of para sport in UK	<ul style="list-style-type: none">• Introduction to several para sports• How to adapt sports sessions for disabled people• Practical setting up and delivery of inclusive sessions	<ul style="list-style-type: none">• A block of 1:1 sessions supporting teachers• Joining in real life sessions to provide confidence and help implement the STEP and Inclusion Spectrum	<ul style="list-style-type: none">• Inspirational and motivational talks• Using lived experiences to share

Inspirational speakers deliverer sessions using lived experiences.

Claire Buckle, the founder, achieved when others didn't expect her to and represented GB in Para Athletics on the world stage.

Deliverers are open and honest and have many tales to tell!!!

Face to face or online sessions available, providing the bespoke service you require.

Costs

Disability Awareness - £39.99pp online or £550 for up to 15 people in person (CPD accredited)

Disability in Sport - £49.99pp online or £700 for in person (all equipment for the session is supplied). This course is CPD accredited.

Introduction to Para Sport - £30.00pp or £550 for 20 participants.

Inclusive Sports session - £750 for a block of six 1 hour sessions or £150 per session.

Class or school talks / assemblies - £100 per session.



Next Steps

To book any of the elements of the "See me not my CP" programme, please contact us on claire@ability-consultancy.co.uk or give us a call on 07799 770362

To find out more information please check out our website at www.ability-consultancy.co.uk.

If you have any general questions or if you need any bespoke service or advice, please email info@ability-consultancy.co.uk

